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CROWN/BRIDGE/ONLAY PREPERATION & TEMPORARY CROWN/BRIDGE/ONLAY PLACEMENT

A temporary crown or bridge has been placed after your tooth or teeth have been prepared. It is essential that this temporary restoration be in place for the entire time before you receive your final crown or bridge restoration. It is meant to both protect your prepared tooth as well as to maintain the space and position of your teeth. Drifting of the teeth can occur if the temporary is left off. This could also cause the final crown not to fit.

After tooth preparation it is possible that your prepared tooth could be sensitive to temperature, certain foods or sweets. This is in part due to the fact that the temporary does not fit your mouth like your final crown. This does not happen in every case. The sensitivity may only last for 3 to 5 days.

You may wish to take a mild medication for discomfort, such as Motrin or Tylenol before the anesthetic wears off. Do not take any medication to which you are allergic. In the event that the discomfort does not subside after taking a mild medication, or if the medication does not provide relief, do not hesitate to call our office.

Please inform us if the restoration feels “high” to your bite. If it seems that the restoration contacts before your other teeth when you chew or close, or contacts heavier than your other teeth, it can make the tooth sensitive.

IMPORTANT: DO NOT WATERPIK THE AREA OF YOUR TEMPORARY!!!!!!

The temporary cement requires about 30 minutes to set. Please do not chew during that period of time. It is advisable to refrain from eating until you are no longer numb. You may however, eat or drink anything that does not require chewing.

Certain foods will STICK to the temporary crown and dislodge it. Please refrain from chewing gum or other candies or foods like pizza that might stick to the crown or even pull it out. Minimize the use of the side of your mouth with the temporary crown. Shift the bulk of your chewing to the other side of your mouth. Avoid chewing hard or crunchy foods (such as raw vegetables), which could dislodge or break the crown.

Temporary crowns are not strong. They may occasionally break or come off. If this should happen to you please contact our office immediately, bring your crown with you and we will replace it. Should you be unable to contact us, simply go to a pharmacy and get some Fixodent (denture adhesive). Replace the temporary crown on your tooth using the Fixodent to hold it in place until you can contact us.

CAUTION: IF THE TEMPORARY CROWN SEEMS AS THOUGH IT WILL NOT STAY IN PLACE SECURELY, DO NOT WEAR IT WHEN YOU SLEEP.

Your gum tissue may be tender for a short time after treatment. Keep them as clean as possible to avoid further irritation. It is advisable to soak the area with warm salt water (one quarter to one half teaspoon of salt to eight ounces of warm water). Hold a mouthful at a time for five seconds on the gum area and spit out. Repeat this with the rest of the salt water. Warm salt water soaks' should be done at least twice daily. For a minimum of five days, but doing this each day until you return is better.

Occasionally, a small amount of unhealthy excessive gum tissue may have been removed with a laser. If so, do not disturb the area for eight (8) hours, except for rinsing as explained above. After this time period, gentle brushing is recommended. Do not brush or floss too vigorously around your temporary crown. Remember it is important to keep the area clean-but use caution and gentle touch. If you are able to floss, remove the floss by gently pulling it out to the side (toward your cheek) rather than pulling it up between the teeth.

